



LEVEL - Introduction

Introduction to Small Whites Coaching - Workshop

Aims:

- To give the participants of this short workshop, an awareness of practices, teaching methods and general coaching information.
- To briefly touch on areas of development such as: Player characteristics, How sessions 'fit' the development age, How children learn, Safety and injury prevention, Organisation of sessions.

What does the Workshop Involve?

This two hour workshop blends together demonstrations of practical activities with good advice on how to survive your first coaching session! Specifically targeting new and inexperienced coaches, this course and supporting resources is a great starting point for coaches looking for friendly advice on how and what to coach your junior players.

- Age Appropriate Practical Demonstrations
- Age Appropriate Coaching Techniques
- The Small Whites Coaching Resource
- Coaching Resources - Ideas for Training



Who is the Course Aimed at?

- New and beginner coaches working with children under the age of 12 years.
- Any coach new to working with junior players or simply looking for fresh ideas will enjoy this 2 hour introductory workshop.

Resources & Cost

- All attendees will receive the **Small Whites Coach's Survival Guide**
- This course is now **FREE** in 2010 as part of NZ Football's Coach Education Promotion.

Next Course?

Dave Turner, Marlborough Football Coaching Development Officer, will be running a Small Whites Coaching Workshop in Marlborough.

DATE: WEDNESDAY 1st AUGUST

TIME: 7.00PM TO 9.00PM

VENUE: A&P Park Pavilion (upstairs), Blenheim

HOW TO REGISTER!!

The attached registration form needs to be completed and returned as soon as possible to secure your place. Registrations close Sunday 8 August 2010.

Please return this to Marlborough Football, PO Box 461, Blenheim

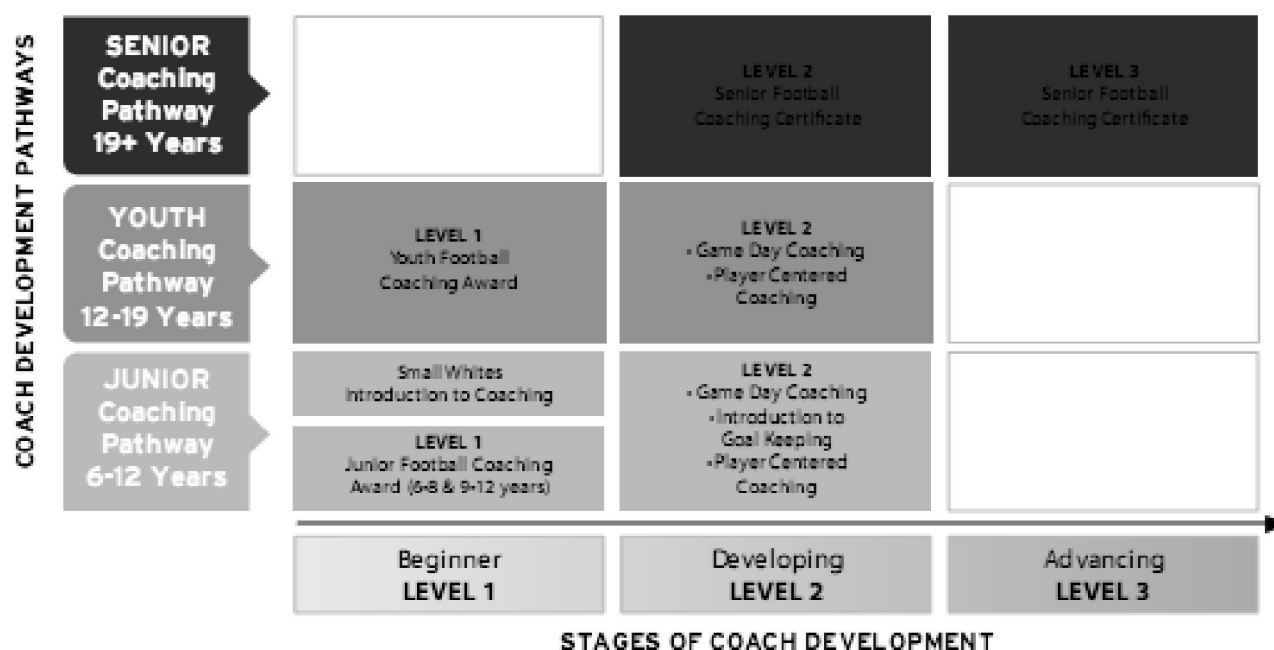
OR Email: marlboroughfootball@xtra.co.nz OR Fax 579 2387.

COACH DEVELOPMENT FRAMEWORK

The New Zealand Football Coach Development Framework provides the structure for delivery of Coach Development within the Mainland Federation. The new Framework offers development opportunities for coaches both vertically (through age group coaching communities) and horizontally (within a specific age group range and different stages of coach development).

Coach Development Framework 2010

NZF COACH DEVELOPMENT SCHEME



The courses and development opportunities available in 2010 represent the next stage in New Zealand Football's construction of a new Coach Development Framework.

Additional courses, content and learning opportunities will be added as the Coach Development Framework is developed over time.

Check the Mainland Football website for information on formal and informal workshops, coaching tips and sessions, and other ideas on how to increase your coaching toolbox.



Michael De Bono

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